

Student Name: *Test Student Record*
Student ID: Test Student

Dates	Activity - Position	Competencies
----COMMUNITY-BASED / GLOBAL LEARNING----		
2015 - 2016	Alternative Breaks, Center for Student Involvement - Co-coordinator Coordinated an intensive project-based community service experience that explored concepts of leadership and community development.	-Understanding Global Context -Leadership -Civic Engagement & Social Responsibility
----PROFESSIONAL / CAREER DEVELOPMENT----		
2016 - 2017	Internship Program, Women's Center - Intern Participated in a year-long internship experience facilitating programs and services focused on gender and social justice issues.	-Teamwork/Cross-Cultural Collaboration -Leadership -Civic Engagement/Social Responsibility
---RESEARCH / ACADEMIC LIFE----		
2014 - 2015	Research, Department of Psychology - Research Intern Worked with a faculty member on a research project, which enriched their understanding of research processes and operations.	-Critical Thinking/Problem Solving -Research Ability -Digital Information Fluency
----STUDENT ENGAGEMENT / CAMPUS LIFE----		
2015 - 2016	Residence Life, Muir College - Residence Advisor Participated in extensive training, lived in campus housing and served as residential leader, mediator, and activities coordinator to foster strong community bonds.	-Critical Thinking/Problem Solving -Professionalism/Integrity -Career Development
2014 - 2015	Wellness Peer Education Programs, Counseling and Psychological Services - Peer Educator Educated fellow students about mental health and wellness, reduced stigma, and spread awareness of Counseling and Psychological Services on campus.	-Professionalism/Integrity -Self-Reflection -Civic Engagement/Social Responsibility
2016 - 2017	Women's Soccer, Intercollegiate Athletics - Athlete Represented the university in local, regional, and national NCAA competitions, and demonstrated a high degree of dedication, teamwork, and service to the community.	-Oral, Written, & Digital Communication -Teamwork/Collaboration

This is an official UC San Diego record and I certify that the activities have been validated.



Cindy Lyons
 Interim University Registrar
 Enrollment Management



What is the CCR?

The University of California San Diego has developed the Co-Curricular Record (CCR) to recognize the value of student involvement in research / academic life, student / campus engagement, community-based / global learning, and professional / career development. Opportunities on the CCR have been verified by the CCR Evaluation Committee and student involvement has been validated by a recognized staff or faculty member. Each opportunity enables students to develop and demonstrate key competencies and transferable skills.

Certification

Opportunities recorded on the CCR have been verified by the CCR Evaluation Committee, using the following criteria:

- *Must have a clear connection to the university and be capable of being validated by a recognized member of the faculty or staff.
- * Must enhance at least one of the twelve identified competencies and transferable skills.
- * Must provide an opportunity for active engagement. Positions or activities that are primarily symbolic, and do not require significant programming and duties, will not qualify to be listed.
- * Must require at least 30 hours of work within a single academic year. Except for opportunities listed under "Professional / Career Development."

Verification

A student's contribution must be validated by members of the faculty, research scholars, and individuals holding designated staff and administrative roles.

Competencies and Transferable Skills

Each opportunity has selected a minimum of 1 and a maximum of 3 competencies that students develop or refine through their engagement. Competencies selected have been reviewed and approved by the CCR Evaluation Committee.

- *Critical thinking/problem solving: Identifies important problems and questions and gathers, analyzes, evaluates information from a variety of sources before forming a strategy, decision, or opinion.
- *Research ability: Accesses and evaluates multiple sources of information, including text and images, and synthesizes information to solve problems and create new insights.
- *Oral, written, and digital communication: Conveys meaning and responds to needs of diverse audiences through writing and speaking coherently and effectively, and develops the expression of ideas through written, oral and digital mediums.
- *Teamwork/cross-cultural collaboration: Works with and seeks involvement from people and entities with diverse experiences towards a common goal, demonstrating strong interpersonal skills, respect and dignity for others.
- *Understanding global context: Demonstrates an understanding of complex global issues and systems, and how issues and actions have local and global implications for the future.
- *Leadership: Takes initiative, demonstrates effective decision making and informed risk taking, and motivates and encourages participation from others to work towards a shared purpose and vision.
- *Professionalism/integrity: Demonstrates integrity, honesty, dependability and ethical responsibility, and accepts direction and personal accountability.
- *Self-reflection: Assesses, articulates and acknowledges personal skills and abilities, and learns from past experiences and feedback to gain new insights and understandings.
- *Career development: Accesses information and opportunities for career exploration, and understands and articulates the importance of transferable skills in the job search process.
- *Digital information fluency: Demonstrates technological literacy and skills, and ethically and effectively uses technology to communicate, problem-solve and complete tasks.
- *Civic engagement/social responsibility: Participates in service/volunteer activities characterized by reciprocity, engages in critical reflection, and appropriately challenges unfair and unjust behavior to make a positive difference in the community.
- *Innovation/entrepreneurial thinking: Synthesizes existing ideas and concepts in innovative and creative ways to develop new ways of thinking or working, and engages in divergent thinking and risk taking.